

**ABSTRACT**

A method capable of easily collecting microorganisms or cells in a short time without using a special device, comprising the steps of preparing a centrifugal tube (1) in which the inside thereof is divided into upper and lower parts by a filter (14) and water absorbing resin particles (15) are disposed on the filter (14), pouring liquid specimen in the centrifugal tube (1) so that the liquid specimen touches the water absorbing resin particles (15) to absorb the liquid specimen by the resin particles so as to arrest microorganisms or cells on the surfaces of the particles, pouring collecting liquid into the centrifugal tube (1) to collect the microorganisms or cells with the collecting liquid and, by centrifugal separation, accumulating the collecting liquid at the bottom part of the centrifugal tube (1) through the filter (14).